



97Ti Treadmill

Life Fitness' 90 Series treadmills were built with comfort and ease of use in mind. The 97Ti treadmill offers an intuitive console, extensive workout variety and Lifepulse™ heart rate hand sensors. Along with speeds up to 16 mph and a 3% decline, the 97Ti also has the standard features you expect from Life Fitness treadmills, like a 4.0 HP AC motor, the patented FlexDeck® shock absorption system and Advanced Belt Tracking System technology for long belt life. And, with a cutting-edge industrial design and high-performing durability, nothing else compares.

Performance Features

▶ DX3™ BELT AND DECK SYSTEM

This groundbreaking system combines a lubricant-infused belt, Advanced Belt Tracking System (ABTS™) and our patented FlexDeck™ Shock Absorption System for the ultimate in durability and comfort.

▶ HEART RATE MONITORING

Lifepulse™ digital heart rate monitoring hand sensors are conveniently placed on the easy-to-grip Ergo™ bar to provide walkers with precise heart rate monitoring, and Polar telemetry provides runners with accurate, "hands-free" heart rate monitoring. (Telemetry requires optional chest strap.)

▶ MOTIVATING WORKOUT VARIETY

Zone Training+™ workouts automatically adjust the incline level to keep users in their target heart rate zone. Other workouts include 5K and 10K Run, goal-based workouts, and Gerkin, Fit Test and Military PRT/PFT fitness protocols.

▶ EASY TO USE

An intuitive console makes startup simple, and integrated cup holders and center CD/MP3 player holder provide comfort and convenience.

▶ RAPIDWORKS™ SERVICE ENHANCEMENTS

Maintenance is fast and easy with Auto Alert™ diagnostics that inform you of service needs and permanently record and date-stamp maintenance performed.

HIGHLIGHTED FEATURE

▶ FLEXDECK™ SHOCK ABSORPTION SYSTEM



Reduces knee and joint stress by up to 30% more than noncushioned surfaces, decreasing the chance for injury. Eight incredibly durable Lifespring™ shock absorbers, guaranteed for life never to wear out or lose absorption capability, deliver smooth cushioning throughout the deck, regardless of user weight or running stride.

Product Details

- DX3™ Belt and Deck System
- Premium FlexDeck™ Shock Absorption System
- New Activity Zone conveniently places most-often used controls on the Ergo bar
- Proactive Belt-Wear Notification
- Stride Sensor
- 0.5 –16 mph (0.8 –25.7 kph); 3% decline – 15% incline
- Powerful 4-HP AC motor
- Ergonomically correct handlebars and non-slip siderails
- 24-character high-resolution message center, workout profile and two 7-segment display windows
- Heart Rate Monitoring: Lifepulse™ hand sensors and Polar® telemetry
- 28 workouts, including 5 ZoneTraining+™ workouts and Military PRT/PFT training, Gerkin and Fit Test protocols
- 5" (13 cm) precision crowned front and back rollers for added durability
- Available with Attachable LCD with E-Z TV™ Console (97TEZ) or Attachable LCD Entertainment System

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97Ti Treadmill Specifications

KEY:

• Standard ◦ Optional

HEART RATE MONITORING	
Polar® Telemetry (optional chest strap required)	•
Lifepulse™ Digital Heart Rate Monitoring with DSP (Digital Signal Processing)	•
WORKOUTS	
Manual, Quick Start	•
Zone Training+™ Heart Rate Workouts	
- Cardio, Fat Burn	•
- Heart Rate Hill, Heart Rate Interval, Extreme Heart Rate	•
Interval Workouts: Random, Hill, 5K, 10K, Speed Interval Training	•
Goal Workouts: Calories, Distance, Time in Zone	•
Custom Workouts: 6	•
Fitness Test Protocols: Gerkin Protocol, Navy PRT, Army PFT, Marine PFT, Air Force PRT, Physical Efficiency Battery (PEB), Fit Test	•
Customized Cool Down	•
DISPLAY READOUT	
Elapsed Time, Speed, Distance, Incline, Calories Burned, Calories Per Hour, Heart Rate, Distance Climbed	•
Watts, METs, Custom Messaging	•
Workout Profile	•
Time in Zone	•
Language Choices*	9
DISPLAY TYPE	
Message Center: 24 character red dot-matrix display with 2 additional 7-segment red LED displays	•
Workout Profile Window: 15 x 7 rectangular dot matrix red LED	•
Dedicated Displays: Heart Rate and Time in Zone	•
Numeric Keypad	•
SPECIAL FEATURES	
DX3™ Belt and Deck System	•
Speed Range: 0.5–16 mph (0.8–26 kph)	•
Rollers: 5" (13 cm) precision crowned steel rollers, front & back	•
Elevation	-3%–15%
Motor System: 4.0 HP AC motor with MagnaDrive™ motor controller	•
Handlebars & Handrails	
- Overmolded tubular steel Ergo™ bar	•
- Side handrails	26" (66 cm) flared
Activity Zone: Most often used buttons located on Ergo bar	•
Stride Sensor	•
Accessory Tray and Reading Rack, Welded Steel Frame, Roller Lift Wheels & Rear Levelers	•
Personal Stereo Holder	•
Networking Capabilities: CSAFE-Ready, FitLinxx™ Certified	•
Attachable LCD Entertainment Solutions	◦
SERVICE ENHANCEMENTS	
Service Enhancements: Manager's Optional Settings	•
Flash Programmable	•
TECHNICAL SPECIFICATIONS	
Maximum User Weight	400 lbs (181 kg)
Power Requirements: Dedicated 120 volts / 20 amp circuit (voltage may vary outside U.S.)	•
Running Surface: 20" x 60" (51 cm x 152 cm)	•
Length	83" (211 cm)
Width	37" (94 cm)
Height	65.75" (167 cm)
Unit Weight	449 lbs (204 kg)
Step-up Height	13.25" (34 cm)
Warranty**	
- Limited Lifetime on Lifespring shock absorbers; 2-year on all electrical components; 1-year on mechanical components and labor	•
- Limited Lifetime on motor and frame	•
- Attachable LCD Entertainment Solutions: 2-years electrical and mechanical parts; 90 days labor	•

*Japanese available with Complex Character Display (CCD) console. **Warranties outside the U.S. may vary. Specifications subject to change.